

# LEMONDA SMART E12 WATERPROOF SMARTWATCH



## Install the APP

Scan the QR code on your mobile phone, or search for "TFit" APP in Apple store, Google store or APP store to download and install.

Long press the power button for 3 seconds to start the device, Scan the QR code with your phone, or search the "TFit" app in the Apple Store, Google Play, or other app platform to download it.



During the first time pairing, there would be a dialog box prompted out, the user needs to click pair. So the wristband can receive notifications of incoming calls, SMS, QQ, WeChat, etc. from the ISO system, otherwise it will not.

Operating system requirements: iOS 8.0 or above; The Android 4.2. App supports BT4.0 /BT3.0, and Android 6.0 or above can only be used with GPS turned on.

## Bluetooth connection mode

When the installation package of "TFIT" app is downloaded, there will be various permissions reminders during the installation process. Agree to all to achieve all functions.

Android: When the phone enters the app, click "Add device", and search for Bluetooth connection 4.0, it will automatically pop up the 3.0 connection and click "agree". If it doesn't pop up, search for your device name (E12T) and connect by going to Phone Settings - Bluetooth.

iOS: Click "Add Device" in the mobile app to find the device's Bluetooth address 4.0 connection. After success, a reminder will pop up automatically that Bluetooth 3.0 needs to be connected manually. Enter the setting menu in the mobile phone - search for your device name (E12T) and connect.



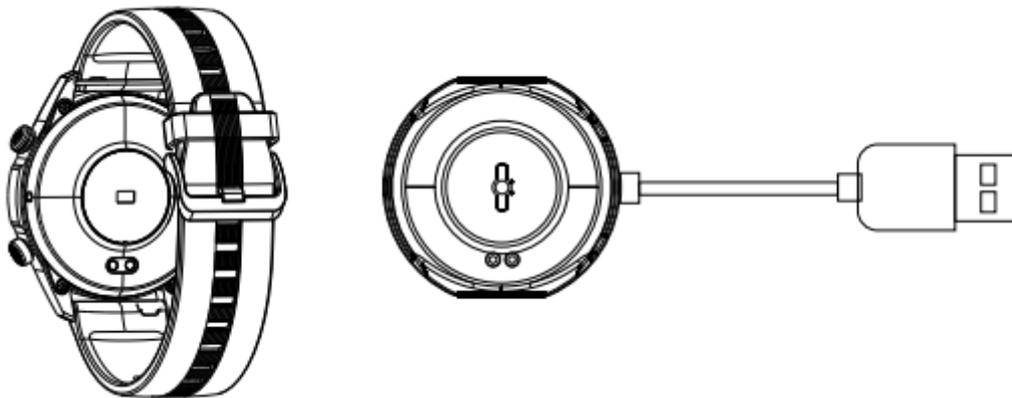
## How to identify successful Bluetooth connection

When the Bluetooth symbol in the watch dropdown menu is green, it means Bluetooth 4.0 connection is successful; blue means Bluetooth 3.0 connection is successful; when the Bluetooth symbol is blue, it means Bluetooth 3.0 & 4.0 connection successful.

Troubleshooting: Due to the lack of uniformity of Bluetooth protocol between various mobile phone brands, sometimes the mobile phone and the watch Bluetooth connection is not stable. You can turn off the mobile phone Bluetooth and then reconnect it. If the watch appears to crash, you can long press the "on" key for 3 seconds to restart the watch.

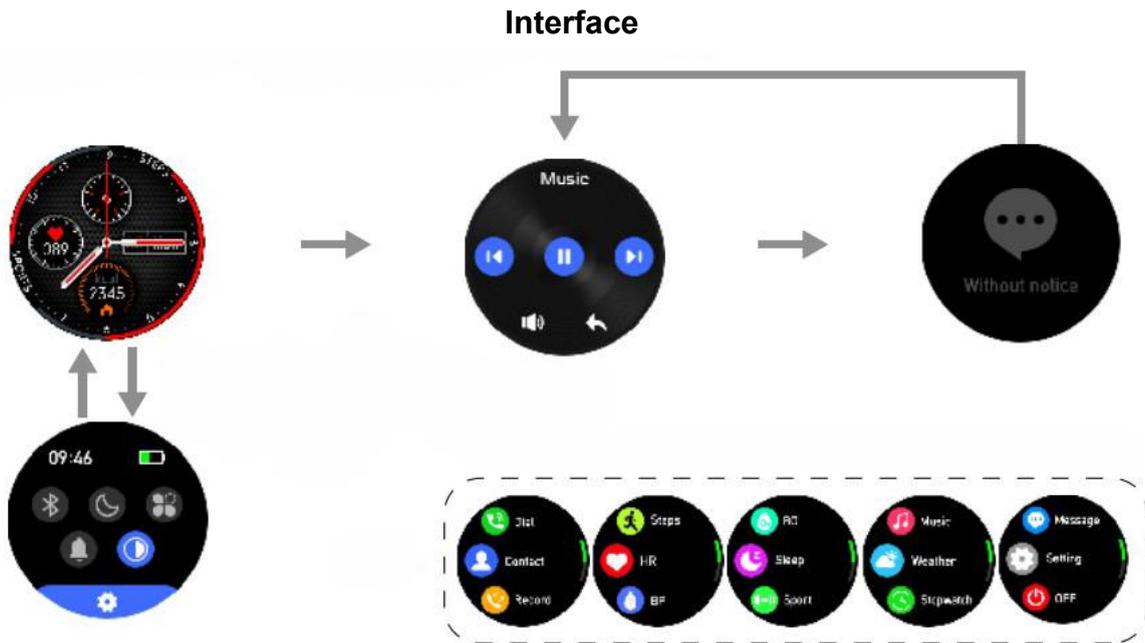
## Recharging the watch

When recharging the watch for the first time, please use the corresponding charger. When charging, the watch will start up automatically. (The charging process is shown in the picture below: align the two contacts of the charger with the charging position on the back of the bracelet, the magnetic charging base will plug in, and the other end can be connected to the standard USB interface for charging, with a charging voltage of 5V).



## Turn on/off

1. When the watch is off, charge it or press the side key for 3 seconds to power on the watch.
2. When the watch is switched on, long press the screen on the interface of the key machine for 3 seconds to switch off, or long press the side button on the main interface to shut it down.



### Install/change a dial

Method 1: Long press the main dial interface for three seconds to change the interface

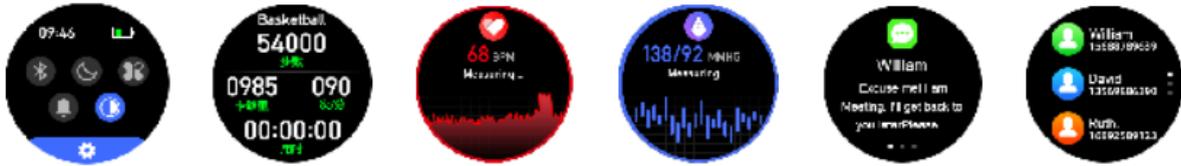
Method 2: Open the dial center in the "TFit" APP, select the dial to download and install it

### Custom dial

Enter the dial center in the "TFit" APP and select the dial to enter the edit mode.



## Introduction to watch functions



**Movement interface:** Switch to this interface, click the screen to enter the specific sports interface, including climbing, badminton, running, walking, basketball and other sports modes, and swipe the screen to switch to the specific sports interface. Press the side key to return.

**Heart rate interface:** Switch to the heart rate interface and click the screen to enter the heart rate detection. When the test is completed, press the side button to exit the heart rate detection or connect to the mobile phone. If the bracelet is not properly worn or the test fails, the failed interface will be displayed. The heart rate monitoring mode of the lower arm's endurance will be reduced.

**Precautions for heart rate monitoring:** During the test, the LED light of the heart rate sensor on the back of the watch will light up; The sensor should be close to the skin to prevent external light from affecting the accuracy of the test; Test areas should be kept clean. Sweat or stains can affect test results.

**Blood pressure interface:** Switch to the blood pressure interface, click the screen to start the blood pressure test, and press the side button to exit the blood pressure mode after the blood pressure test is completed. The results of the previous test or "-- / --" are displayed when the test is started but no results are measured; You can also connect to the mobile phone App and stop the test on the blood pressure interface.

**Information interface:** here you can see if there are new messages.

**Contact interface:** Contacts need to be synchronised in the APP, and up to 50 contacts can be selected at once.

**Music control interface:** Enter the music control interface and connect the bracelet with your Bluetooth. You can control the music playing function on your phone.

**Brightness adjustment:** Click the screen to select different brightness. There are four brightness levels.

**Find the mobile phone:** When connected, click the screen to find the mobile phone interface, and the mobile phone will ring

**Version information:** Click the screen interface to view the bracelet's firmware version number and Bluetooth address.

**Restore settings:** Long press the screen for three seconds on this interface, all bracelet data will be reset, and the data of the day will be reset.

**Step counting:** Enter the step counting menu to check the total number of steps, time, calories and distance of the day.

Weather push: When the bracelet connects to the APP, the weather will be automatically pushed to the device.

Take photos: Remote photo shooting: After setting and turning on a smartphone camera, you can shake the watch to take a photo.

Dial: Enter the dial to enter the number manually to make a call

Call reminder: During the call, the bracelet will vibrate and show the caller ID. If the "call rejection" function is turned on, long press the screen to reject the call.

Stopwatch function: Click the stopwatch function to start, pause and end the operation

Smart alarm clock: Click to enter the Settings of five alarm clocks, and the watch will be synchronised after setting; Smart alarm clock is a kind of silent alarm clock. When the alarm goes off, the watch will initiate a moderate vibration.

Sleep monitoring function: The sleep status is automatically monitored at night, and the sleep record and sleep quality can be checked after synchronisation.

Note: The sleep monitoring time: 22:00-8:00. Sleep data will only be available when you wear the watch to sleep.

## FAQ

1. What if the Bluetooth connection fails?  
Turn off bluetooth and turn it on. Close the background application or restart the phone. Do not connect the phone to other Bluetooth devices or functions. Is the APP running normally in the background? If not, it may not be connected.
2. Unable to find the watch: Please make sure that the watch is on and active and is not connected to other mobile phones. Then put the watch close to the mobile phone. If it is still invalid, please turn off the Bluetooth of the mobile phone and restart the Bluetooth of the mobile phone after 20 seconds.
3. Is the bracelet waterproof? It is splashproof and water resistant, but it is not recommended to immerse the device in water. it is allowed to wear it while exercising, in rain, and when washing hands. Not suitable for showering, swimming, scuba diving, water skiing, deep water activities facing high speed current.