

WATERPROOF SPORTS SMARTWATCH WITH HEART RATE DS20



Instruction for use

1. Watch button: in the watch face interface, short press it to enter the watch interface. In other interfaces short press it to return to the previous interface. Long press it to turn off the watch. When the watch is turned off, long press the button to turn it on.
2. TP gesture: swipe left and right to enter the main menu. After entering the function, swipe right to return, swipe left to enter the next menu. The watch face can be selected by turning the watch side button.
3. Dial switching: long press the screen, select the interface, click OK.

Charging

Connect the USB end of a cable to a charger or computer and the other end to your smartwatch. Align the watch. It should be fully charged in 180 minutes.

Pairing

Download the Wearfit pro app and install it.

Scan the QR code below or search for Wearfit pro in the App Store or Google Play.



After the installation, give all the needed permissions in order to successfully connect your watch with the smartphone.

Bluetooth connection: open the watch's Bluetooth menu, select Activate Bluetooth, then search for the name of the smartphone you want to connect to, and agree to all the requested permissions, then click Pair. If the Bluetooth icon in the watch's dropdown menu is green, it means the pairing is successful.

How to set up email notifications?

Enter the application management on your smartphone, find Wearfit Pro and allow all permissions. Open Wearfit Pro and activate push messages and allow the app running in the background.

Watch functions

Step counter: the watch records and displays the number of steps. The more detailed analysis of your activity can be viewed in the app.

Sleep: the watch records and displays the total sleep duration.

Heart rate: enter the heart rate interface to measure your current heart rate.

Exercise: long press on the exercise interface to start measuring. You can choose from 8 different exercising modes.

Blood pressure: go to the blood pressure interface and long press the screen to start measurement.

Blood oxygen: go to the blood oxygen interface and long press the screen to start measurement.

Push notifications: the watch can receive notifications. All the permissions can be set in the Wearfit Pro app. The watch can only show three latest messages.

Camera shutter: the watch can also be used as a camera remote control. Open the camera on your smartphone, then go to the watch's camera shutter page to trigger the camera shutter.