ET650 Smart Watch with Body Temperature, Health Monitor and Bluetooth Calling - Leather & Silicone Strap



Bracelet quick description





- 1. Side electrode key
- 2. Touch screen
- 3. Side button
- 4. Back Electrode / Temperature Sensing
- 5. Sensor
- 6. Charging contacts

Long press the side button to turn on the bracelet.

Charging method and activation



Before using the bracelet for the first time, you need to charge it to activate it, use the magnetic charging cable to attach it to the charging contacts on the back of the bracelet, and the other end of the charging cable can be connected to a USB charging head or a computer USB port.

Install the bracelet APP

- 1. Scan the QR code and enter the major application markets to download and install "G Band".
- 2. Android users enter "GooglePlay" search. Load and install "G Band". Apple system users enter "APP store" Search, Download and Install "G Band".

Note: When installing the APP, the rights management window of the mobile phone will pop up.For enquiry, please click "Allow" to authorize.

The mobile phone must support: iOS 13.0 and above; Android 8.0 and above, Support Bluetooth version 4.0 or above.

Connecting the watch

The watch has dual Bluetooth function, the connection method is as follows.

- 1. Open APP and click "Devices" to find the watch you need to connect, click to connect. The pairing box will pop up on the APP side, select pairing;
- 2. After the watch is connected to the APP, the watch will automatically synchronize the time and date of the phone.
- 3. If the audio bluetooth is disconnected, APP terminal will find "bluetooth call" in "devices" and then turn on the communication bluetooth of the device. At the same time, enter the call settings in the quick interface of the watch. Click "Not connected" below to match with your cell phone. The cell phone will pop up a prompt box. Select "Pairing" to use the call function of the watch.

When the watch is connected to the phone, you can use the watch to dial and control the phone to make calls. You can also answer the calls from the phone on the watch. You can also view the call history information of the watch.

When using the call function, you need to make sure the connection status of the watch and the phone is stable.

Micro-health



Switch to the micro-medical examination interface, can measure a number of health indicators, one key to start the test, you can complete and generate the micro-medical examination report assessment resultsAutomatically synchronize with APP (when APP is connected).

Note: Test results are for reference only and should not be used as medical data.

Talking



Call function menu contains: dialing, contact, communication log (call function must be in connected state to use).

Step count/distance/calories



Check the number of steps walked, the distance walked and the consumption at any time during the day. Calories can be synchronized to the APP to view exercise data.

Sleep



You have a deep sleep/light sleep/sleep time all night, calculate your sleep quality, sleep data can be synchronized to the APP.

Note: Sleep data is not available until you fall asleep wearing the bracelet.

Heart rate



Switch to the heart rate interface to enter the heart rate real-time detection.

ECG



Press and hold the side electrode key on the ECG test interface to make the bottom two electrode pads and the side electrode key fully contact the skin for testing. The test report needs to be viewed in the APP.

Blood oxygen



Switch to the blood oxygen test interface to enter the real-time blood oxygen test.

Body composition





Long press the side electrode button in the body composition test interface, so that the bottom two electrode sheets and side electrodes fully contact with the skin to test, and there is a report on the relevant test items at the end of the test. *Note*: Test results are for reference only and should not be used as medical data.

Body temperature



Switch to the body temperature interface, you can enter the real-time monitoring of questions. Can be synchronized to the APP, connected to the APP, with automatic detection function, data can be kept for 30 days. Note: When testing the body temperature, the bottom temperature must be in full contact with the skin (test after wearing for 10 minutes). The body temperature test will be affected by the environmental temperature difference and only serves as a warning reminder. For details, please refer to the medical professional equipment and the doctor's diagnosis.

The weather



The weather page will display the current weather and air quality information. The weather information can only be obtained after connecting to the client. If the connection is disconnected for a long time, the weather information will not be updated. *Note*: There is no weather interface before the bracelet is connected to the APP, there is weather interface after the APP is connected, and the cell phone needs to open the location.

Sport

Tap the watch sport function to enter the sport mode, there are various sports to choose from. Tap the sport icon to enter the corresponding sport detection. Swipe up and down to switch the sport, enter the sport start calculation, press the side button to exit the current sport monitoring.

Basic parameters

Connection mode: Bluetooth connection input: 5V, 500mA-2A The mobile phone must support: Android 8.0 or iOS 13.0 and above