Anti-Shake 360 Rotatable Chest Strap with Phone Holder



Product Overview

The 360° Rotatable Chest Strap with Phone Holder is designed for hands-free video recording, live streaming, cycling, outdoor sports, and POV filming. Featuring an adjustable chest harness, anti-shake design, and 360° rotating mount, it allows users to capture videos from different angles while keeping their hands free.

The mount supports both smartphones and compatible action cameras, making it suitable for various recording activities.

Technical Specifications

- Rotation: 360°
- Smartphone Compatibility: 4.5–7.2 inches
- Action Camera Compatibility: Cameras with a compatible standard mounting interface
- Material: Elastic fabric and ABS plastic
- Chest Harness Size: 34 x 36 cm
- Recording Orientation: Horizontal and vertical
- Features: Adjustable harness, anti-shake design, hands-free recording

Installation Instructions

1. **Adjust the Chest Strap**

- Put on the chest harness and position the mounting base at the front of your chest.
- Adjust the straps to fit comfortably and securely.
- Ensure the harness is snug enough to minimize movement without restricting breathing.

2. **Install a Smartphone**

- Attach the phone clamp to the chest mounting base using the appropriate adapter.
- Place the silicone protection pad where needed to help prevent scratches.
- Insert your smartphone into the clamp.
- Adjust the clamp to hold the phone securely.
- Check that the phone is firmly attached before moving.

3. **Install an Action Camera**

- Attach the quick mount base or compatible adapter to the chest harness.
- Position the action camera on the mounting interface.
- Secure the camera using the appropriate mounting screw.
- Check that all connections are tightened and the camera is stable.

Step 1 - Identify the components



Lay out the harness, phone clamp, adapters and screws

Step 2 - Prepare the chest harness



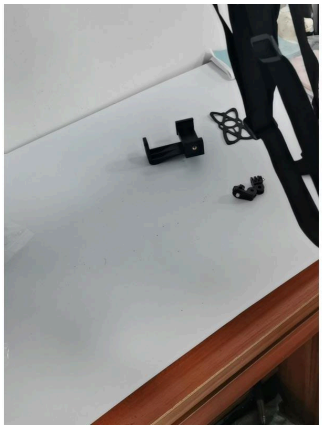
Place the harness flat and locate the front mounting point

Step 3 - Secure the front mount



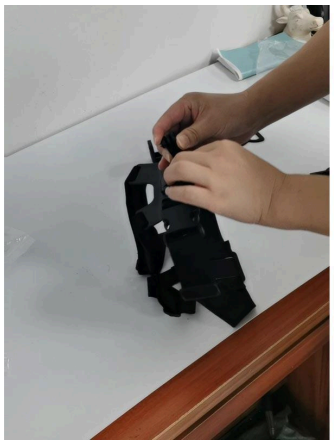
Fit and tighten the mounting attachment on the harness

Step 4 - Check the strap layout



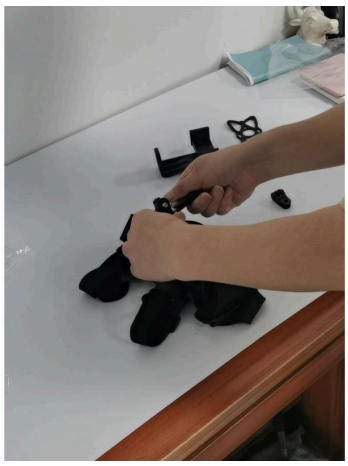
Lift the harness and separate the adjustment straps

Step 5 - Adjust the harness straps



Arrange the straps and check their connections

Step 6 - Attach the mounting adapter



Connect the adapter to the front mounting point

Step 7 - Prepare the phone clamp



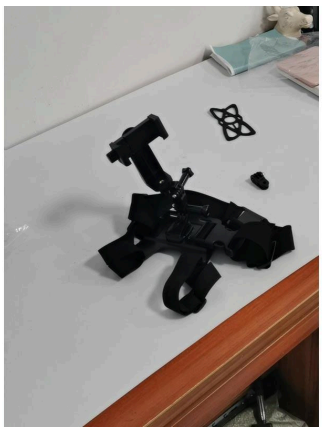
Pick up the clamp and position it above the mount

Step 8 - Fix the phone clamp in place



Join the clamp to the adapter and secure the connection

Step 9 - Check the completed assembly



Confirm that the holder is secure before inserting a phone

Operating Instructions

1. **Adjusting the Recording Angle**

- Hold the mounted device securely.
- Rotate the holder to your desired angle.
- Choose horizontal or vertical orientation depending on your recording needs.
- Make sure the holder remains securely positioned before recording.

2. **Recording Videos**

- Put on the adjusted chest harness.
- Attach your smartphone or action camera securely.
- Open your preferred camera or live streaming application.
- Select the desired recording mode and orientation.
- Start recording and move naturally while filming.

Cleaning and Maintenance

- Remove the smartphone or action camera before cleaning.
- Wipe the ABS plastic components with a soft, slightly damp cloth.
- Clean the fabric straps gently using mild soap and water when necessary.
- Allow all components to air dry completely before storage.
- Do not use harsh chemicals, abrasive cleaners, or direct heat for drying.
- Regularly inspect the straps, screws, and mounting connections for wear or damage.