

User Manual for Waterproof Bluetooth Sports Activity Tracker M5+



Specifications

- Bluetooth version: dual v4.2/v5.0
- Display size: 0.96"
- Resolution: 80x160
- Battery capacity: 100mAh
- Waterproof rating: IP68
- System compatibility: Android 5.0 or above; iOS 9.0 or above

To power on/off the tracker, long-press the power button for about 4 seconds.

Charging

- Remove the tracker from the bracelet
- Plug the charging cable into the microUSB port of the tracker
- Plug the other end of the cable into your PC, power adapter, or power bank (not included in the package)

ProFit app installation

Find the ProFit app on the Google Play Store for Android or App Store for iOS and download it. After that, turn on the Bluetooth on your phone, find and pair it with the activity tracker.

When you pair the tracker with your phone for the first time, the app will sync time and date automatically. After that, the app will save the Bluetooth ID and it will connect automatically with the bracelet when the Bluetooth is on and the bracelet in range.

Please note that you'll have to allow the app permissions on your Android device.

ProFit app functions and settings

- 1) Personal data setting: Find "My data" in the app and set your personal information: gender, birthday, height, weight, target step, calories, mileage.
- 2) Messages reminder: The tracker will inform you of incoming calls by vibrating and showing the call number. For other notifications such as SMS, Facebook, WeChat, etc. the bracelet will vibrate to notify you.
- 3) Synchronize all data: You can sync step, sleep monitor, mileage, heart rate, calories burned, blood pressure with your phone, and keep data.
- 4) Band display setting: Set the interface you want to display: steps, calories, heart rate, blood pressure, MAC, mileage, find the phone.
- 5) Band function setting: Set various time intervals you need to be reminded to do something, get notified when the Bluetooth is disconnected, turn on the screen when you raise your hand, shake to take a selfie, etc.
- 6) Smart alarm: Set alarm