

# User Manual for Elegant Female Waterproof Smartwatch with Heart Rate H1



## Specifications

- Android system: Android 4.4 and iOS 8.0 version or above
- Material: Zinc Alloy
- Screen size: 1,04 inch
- Battery capacity: 140mAh
- Connection: Bluetooth 4.0 BLE
- Charging time: about 2h
- Size: 36 x 48,5x12 mm
- Strap size: 14 x 120mm
- Weight: 43g
- Supported languages: English, French, German, Italian, Spanish, Portuguese, Poland, Chinese, Japanese, Russian, Malaysian

*Note: Make sure to recharge the smartwatch before the first use and activation.*

## The WearHealth app

The H1 smartwatch requires an app to connect with your device. Therefore download the app by searching it on App Store or Google Play Store, or scan the QR code below:



IOS App



Google play



Android App

To connect the smartwatch with your device open the app, tap the Connect a bracelet button, select the smartwatch model and click on it.

After you bind your smartphone successfully, your movement and sleep will be recorded, analyzed, and synchronized.

When using the smartwatch for the first time, please make sure it's fully charged. If it fails to start because of the low battery power, please fully charge it and it will start automatically.

When the smartwatch is turned off, long-press the touch button for 5 seconds to turn it on. Once it's on, you can see the number of steps, burned calories, distance

traveled, monitor heart rate, blood pressure, monitor sleeping time. You can also see notifications on messages, calls, emails, etc.

### **Remind function**

You can set various types of reminders using the WearHealth app. All you have to do is enter “Device management” on App, then enter “More reminds” and set the start and end times of the reminder.

Call reminder: enter “device management” and open the option of “call reminder”. For any incoming call, the wristband will vibrate and display the phone number. Long press for 3 seconds to reject.

SMS reminder: enter “device management” and open the option of “SMS reminder”. For any SMS, the wristband will vibrate, display the name and contents.

Instant messaging reminder: open instant messaging tool on “more remind” such as WeChat, QQ, Facebook, Twitter, etc.

### **Other functions**

Set clock: Enter “device management” on APP, open “set clock” and click + to set the time and date. Click OK to confirm.

Shake to take a photo: Enter “me” on App and click “shake to take a photo”, the mobile will enter photo mode, and there will be a photo icon on the wristband. Shake wristband and the mobile will take photos automatically.

Lift wrist to brighten: Click “wrist lifting for brightening”. Under standby state, lift wrist to brighten the wristband and enter the main interface.

Monitor heart rate: click “heart rate monitoring”, the wristband will monitor heart rate automatically and upload data.