

# Niceboy X-fit Plus Fitness Activity Tracker



## Specifications:

- Display: 0.96" OLED
- Battery capacity: 90mAh
- Battery life: 7 days
- Connectivity: Bluetooth 4.2
- App: Wearfit (Google Play, App Store)
- Supported OS: Android 4.5/iOS 8.2 or newer
- Protection rating: IP67
- Strap length: 21.5cm
- Dimensions: 2 x 4.5 x 1.2 cm
- Weight: 25g

## Product Overview:

1. Strap
2. Touch key - press to navigate between menu, press and hold to select
3. Display



## App Download & Pairing

1. Download the Wearfit app from Google Play or App store
2. Activate the Bluetooth on your device
3. Press and hold the touch key to turn on the band
4. Open the app and click the Bluetooth icon and then select X-Fit Plus

## **Fitness Band Functions:**

1. Home screen: Displays time, battery life and BT connection status
2. Step counter: Tracks the number of steps you have taken
3. Distance travelled: Calculates the distance covered based on your height, weight, and steps taken
4. Calories burned: Provides information on the number of calories you have burned
5. Heart rate: Measures your heart rate either directly on the band or by enabling the function to measure it automatically every hour. This feature can be accessed through the app
6. Blood pressure: Measures your blood pressure either directly on the band or by enabling the function to measure it automatically every hour. This feature can be accessed through the app
7. Oxygenated blood levels: You can measure your oxygenated blood levels directly on the band or enable the function to measure it automatically every hour. This feature can be accessed through the app
8. Stopwatch: Press and hold to activate the stopwatch function, and press once to toggle it on/off
9. Find my phone: Press and hold the "Find my phone" function. Make sure your phone is connected to the band and within a 10-meter radius
10. Sleep monitoring: The band tracks your deep and light sleep stages, as well as the time you wake up. Through the app, you can set a specific time to activate the sleep monitoring function
11. SMS: Press and hold a message to read it from your mobile phone (this function must be enabled within the Wear+ app). Use the touch key to navigate between different messages

## **Charging:**

Connect the included cable to the fitness band and then connect the second end of the cable to a USB port in a computer or charger (5V, 1A/5V, 2A).