# User Manual for Niceboy Ion Smart Scale





## **Specifications**

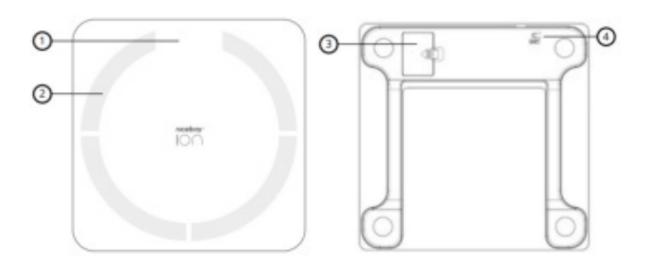
Max. weight: 180kg

- Units: pounds (lbs) / kilograms (kg)

- Sensitivity: 50g

- Power source: 4.5V, 3 x AAA batteries (not included)

Product dimensions: 30cm x 30cm
LED display size: 60mm x 31mm
App: Niceboy Ion mobile app



- 1. Display
- 2. Sensors
- 3. Battery storage
- 4. Mode/Unit button

# **Operation instructions**

- 1. Install the 3pcs AAA Batteries to get it to power on.
- 2. Download Niceboy ION app
- 3. Register an account: Open the Niceboy ION app, and follow the instructions to log in, or register account information.
- 4. Add device Ensure that the Bluetooth is on. Enter the main interface, click "Home" at the bottom, click "+" at the top, click "Niceboy ION SmartScale", then, "Reset the device first."
- 5. Select the user and add personal information, please input gender, birthday, height, and other data correctly (this data will affect the body Analysis index) and click "Save" at the top right corner.
- 6. Body fat measurement Before you stand on the scale, make sure your feet are dry and clean. Stand barefoot on the 4 metal pieces on the surface of the scale to measure, and stand firm until the "test is complete", the scale will display the weight value and send the data to the APP.

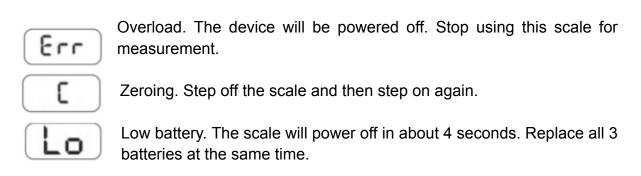
Leaving the scale too early will result in incomplete readings and unable to display data. After using the scale for the first time or moving the scale body, you need to place the scale on flat and hard ground for use.

#### Scale accuracy

Follow the recommendations below to maintain accuracy

- 1. Weigh yourself in the morning (either daily or weekly) to get your weight before you start the day.
- 2. Be sure to perform the self-calibration on the scale any time that it is moved or stored without use for extended periods of time.
- 3. To receive the most accurate results, please remove all articles of clothing and jewelry.
- 4. Only use your scale to measure your progress. Ideally, users should consult with doctors in setting long-term fitness plans.
- 5. Make sure to test yourself at the same time of the day under the same conditions.

### **Error messages**



#### **Tips**

- 1. This product is specially designed for body fat analyzers as well as weight measurement. It should NOT be used by anyone during the process of transaction for verification of goods' weight.
- 2. If the fat percentage shows 0%, please moisturize the soles of the feet with moisturizer to keep the soles of the feet moist before measuring on the scale.
- 3. Please try to measure at the same time and under the same conditions every day (The measured value will be affected by the change of moisture in the receptor and body temperature)
- 4. After overeating and strenuous exercise, the measured value will be affected when there are symptoms of extreme dehydration.
- 5. When measuring moisture and fat percentage, please keep the soles of your feet dry and clean, and stand barefoot on the left and right sensors, otherwise, the body fat percentage will be unable to be tested or the measurement will be inaccurate.
- 6. The maximum weighing value is 180kg, if it exceeds, the scale will display "Err", please leave the scale immediately to avoid damaging the sensors.
- 7. When not in use, do not place anything on the scale, and do not place this product in direct sunlight, near heating appliances, or in humid places.
- 8. When the screen displays 'LO', it means that the battery is low and should be replaced.
- 9. Please take out the battery if it will not be used for a long time.
- 10. It is forbidden to use this product if there is a pacemaker and other medical devices in the body